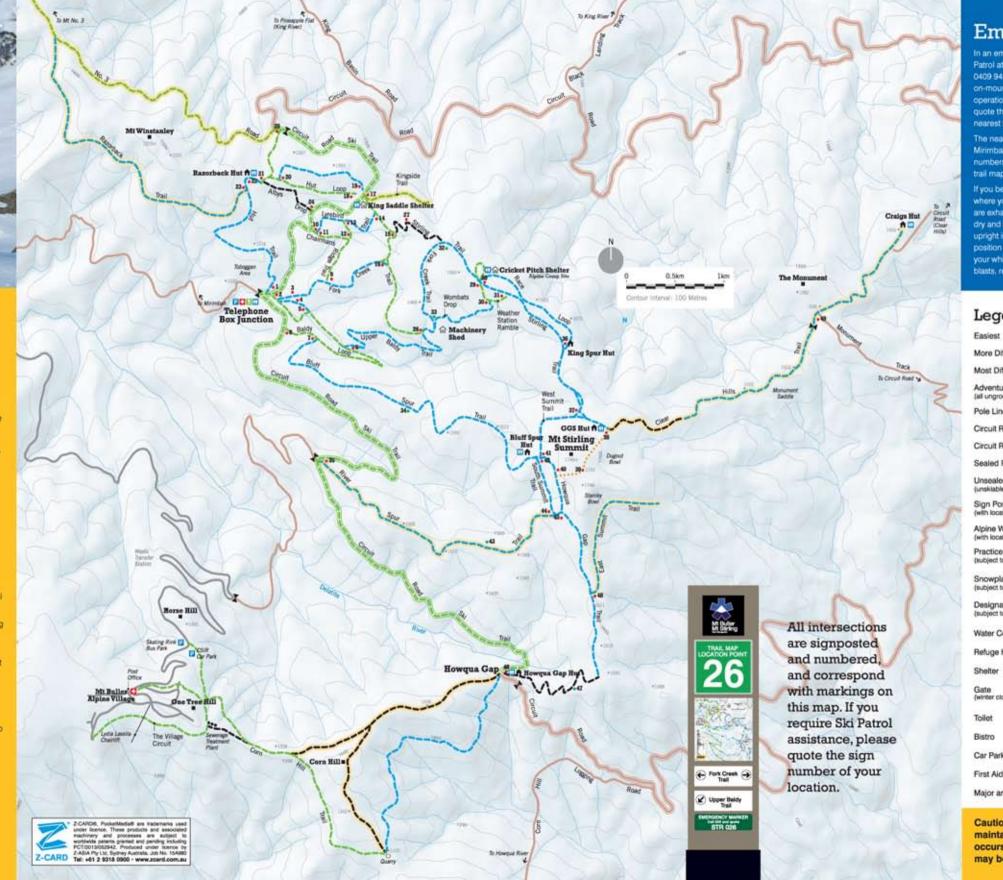


# Alpine Responsibility Code

Regardless of how you enjoy your snow sport, always show courtesy to others. Be aware that there are inherent risks in all snow recreational activities. Common sense and personal awareness can reduce risks which include rapid changes in weather and surface conditions, collisions with other people, and natural and artificial hazards such as rocks, trees, stumps, bare spots.

#### Know and observe the code it's your responsibility.

- Know your ability and always stay in control and be able to stop or avoid other people and objects.
- Take lessons from qualified professional instructors to learn and progress.
- Do not stop where you obstruct a trail or run or are not visible from above.
- When entering a trail or run or starting 4. When entering a hard give way downhill, look uphill and give way. to others.
- Always use proper devices to prevent runaway equipment. Ensure your equipment is in good condition.
- Avoid people ahead of you as they have right of way.
- Observe all signs and warnings. Keep off closed trails and runs and out of closed areas.
- Do not ski, snowboard or undertake any other alpine activity, if drugs or alcohol impair your ability.
- If you are involved in a collision or witness an accident, alert Ski Patrol, remain at the scene and identify yourself to the Ski Patrol.



## **Emergency**

In an emergency, contact the Mt Stirling Ski Patrol at Telephone Box Junction (phone 0409 945 901 or 03 5777 6532) or alert an on-mountain patroller. Outside of Ski Patrol operation (8.00am - 5.00am), dial 000 and quote the emergency marker number on the nearest trail signpost

The nearest public telephone is at the Mirimbah Store. More emergency contact numbers are located on the back of this

If you become lost or injured don't panic. Stay where you are, don't keep moving until you are exhausted. Shelter from the wind, stay dry and light a fire. Place your skis crossed upright in the snow near you in a prominent position and attract attention by blowing your whistle. The distress signal is three long blasts, repeated at one minute intervals.

#### Legend

More Difficult Most Difficult Adventure Trail (all ungroomed, caution) Pole Line ........... Circuit Road Ski Trail Circuit Road Sealed Road Unsealed Road/Track (unskiable) Sign Post (with location number) Alpine Warning Sign Practice Slope (subject to snow conditions Snowplay Area Designated Toboggan Area (subject to snow conditions) Water Course Refuge Hut Shelter Gate (winter closure) Bistro Car Park First Aid Centre Major and Minor Summits

Caution - Adventure Trails are not maintained or patrolled. If an injury occurs in these areas, evacuation may be prolonged.

### Mt Stirling has an excellent network of groomed trails suitable for crosscountry skiing.

#### The Trails

With the exception of the Circuit Road, all ski trails are marked with orange markers at regular intervals

A snow pole line (4wd track in summer) with reflective markers runs across the summit above the tree line. All intersections are signposted and numbered. Please do not venture off these trails and keep a map with you at all times

The grading of ski trails is relative to Mt Stirling only and may be more difficult than at other resorts. For your own safety, do not start along any trail unless you know its gradient. If part of a trail is too difficult and you need to remove your skis, walk at the trail edge so you

don't leave dangerous footprints in the skiing surface. Walking on the trail is not permitted without the use of snowshoes.

Caution - Adventure trails are not maintained or patrolled. If an injury occurs in these areas, evacuation may be prolonged.

#### Cross-Country Skiing

Mt Stirling has an excellent network of groomed trails suitable for cross-country skiing. Well-maintained and sheltered, 68km of trails provide great skiing no matter what the conditions. Mt Stirling's trails are free to use, which means cross-country skiing presents great value for families looking for a ski experience.

Other popular winter activities at Mt Stirling include Telemark Skiing, Tobogganing (only plastic molded toboggans are permitted), back-country Snowboarding, and Snow Shoeing. Snow Camping is also a unique alpine experience. Suitable areas on Mt Stirling ski patroller,

include the Cricket Pitch, Bluff Spur Hut area and the top of Dugout Bowl at the Summit.

#### **Facilities**

Adjacent to the car parks at Telephone Box Junction is a Visitor Centre containing a public shelter with fireplace, a First Aid Centre, Ski Patrol base and Resort Management office. Information, intention forms and trail maps are all available from this building.

Stirling Experience operate the ski school, ski, snowshoe and toboggan hire from here. In addition The Epicentre Cafe offers wholesome food and beverages from this site

The Alpine Camp at Cricket Pitch comprises a large central Tepee with a warming potbelly stove, surrounded by 7 accommodation tents, contact Stirling Experience for bookings. Toilets are located at the Visitor Centre, King Saddle, Razorback Hut, Bluff Spur Hut, GGS Hut, Cricket Pitch and Howqua Gap. For information and advice, ask a friendly

### **Tips for First Timers**

The Circuit Road Ski Trail is an excellent beginners trail although there are many other practice slopes marked in orange on the trail map. If this is your first time cross country skiing, please steer clear of the Summit and trails leading to the Summit as they are unsuitable for beginners and descent on icy days is hazardous for inexperienced skiers.

If this is your first time cross country skiing, it is recommended that you take a lesson with the Stirling Experience ski school. Lessons are available for all skill levels. Private lessons, guided day tours and overnight trips are regularly scheduled throughout the season. Enquiries and bookings can be made with Stirling Experience at Telephone Box Junction or phone 03 5777 6441.

1. Gang Gang Cockatoo

SAMAN.

- 2. Craigs Hut
- 3. Granite Buttercup Renocubis graniticola

#### Contact

Resort Management: 03 5777 6077 Accommodation Enquiries: 1800 039 049 Stirling Experience: 03 5777 6441 Ski Patrol: 0409 945 901 or 03 5777 6532 RACV: 13 11 11

Police: 000 Ambulance: 000

Mansfield Hospital: 03 5775 2111 The Epicentre at TBJ: 0407 730 809 mtstirling com au



Detailed Topographic Maps The Buller-Stirling map from the Vicmap series of topographic maps covers the Mt Stirling area in detail at 1:25,000 scale. For more informatio visit www.land.vic.gov.au/viomap Printed 2015

Ski Patrol

The Mt Stirling Ski Patrol operates 7 days a week over the winter and is staffed by trained and qualified ski patrollers.

Ski Patrol operates from 8am-5pm and can be contacted on: 03 5777 6532 or 0409 945 901. All day visitors must be back at Telephone Box Junction by 5pm. If you require information about Ski Patrol or would like to become a patroller, please contact a ski patroller on the mountain, or call 03 5777 6532.

Visitors to Mt Stirling are reminded that

within the Resort.

domestic cats and dogs are not permitted

#### Cross-Country Skier's Code

Always ski under control.

Keep to the left.

Give way to other skiers when entering a trail or when starting downhill.

Do not obstruct or walk on ski trail.

Ski only groomed or marked trails that are within your ability.

Do not ski alone.



the Resort to ensure that you have the latest edition and lodge your completed Trip Intention Form at the Ski Patrol.

If you require further information or advice, please ask any ski patroller.

Make sure you are warmly dressed. When skiing, several layers of clothing should be worn, allowing you to adjust those layers according to conditions. A warm hat, gloves and a waterproof jacket should also be carried.

Carry some emergency food supplies (chocolate or other high energy food), a whistle and waterproof matches.

The weather at Mt Stirling can deteriorate rapidly. Poor visibility can make navigation very difficult. Be prepared.

